- *For a reimbursable meal, grains can be declined, if at least 3 different components are served (such as fruit/veggies, meat or meat alternative, and milk.
- * Call 970.490.3557 or work with your kitchen manager for special meal modifications noted. <u>Medical Statement for Meal Modification</u> must be on file for special requests/meal modifications and to receive special gluten free options (gluten free bread, corn tortillas).
- *Follow link to Interactive Menu to see daily menu options at each perspective school

APPLE JUICE

APPLESAUCE

ORANGE JUICE

FRUIT & YOGURT PARFAIT- (Granola has a "may contain" for wheat- DECLINE GRANOLA)

CEREAL: CINNAMON CHEX, HONEY CHEERIOS, FRUITY CHEERIOS, LUCKY CHARMS, MULTIGRAIN CHEERIOS, HONEY-NUT CHEERIOS

CHEESE OMELET (DECLINE MUFFIN or TORTILLA)

EGG SCRAMBLE

MILK (YAY! BRAND MAY CONTAIN GLUTEN)

SAUSAGE PATTY

STRING CHEESE

SYRUP

YOGURT

BREAKFAST SANDWICHES IF YOU DECLINE THE BISCUIT OR BAGEL (ON GLUTEN FREE BREAD)

BREAKFAST BURRITO ON CORN TORTILLA

BREAKFAST FRUIT SALAD BAR

ASIAN RICE BOWLS/BARS (CHICKEN, PHILLY STEAK, MEATBALLS)
ORANGE SAUCE OR WITHOUT ANY SAUCE. (DECLINE SOBA NOODLES)

THAI CHILI, GENERAL TSO,

APPLESAUCE

BBQ CHICKEN SANDWICHES (DECLINE BUN OR ON GLUTEN FREE BREAD)

BEANS: ALL

BEEF OR CHICKEN TACOS + RICE (TACO SEASONING IS NOW GLUTEN FREE)

"NAKED"BURRITOS WITHOUT THE TORTILLA OR WITH CORN TORTILLA (REFRIED BEANS & TACO SEASONING ARE NOW GLUTEN FREE)

CHEESEBURGER/HAMBURGER PATTY (DECLINE BUN OR ON GLUTEN FREE BREAD)

IMPOSSIBLE BURGERS (DECLINE BUN OR ON GLUTEN FREE BREAD)

CHICKEN ALFREDO (DECLINE PASTA)

COLD DELI CHOICES - TURKEY, HAM, YOGURT, OR CHEESESTICK (DECLINE ROLL/CRACKERS/ ROLL) SUB GLUTEN FREE BREAD or GLUTEN FREE CEREAL

• FOR WRAPS- DECLINE TORTILLAS AND BREADED CHICKEN (CAN SUB CORN TACO SHELL OR GLUTEN FREE BREAD)

DELI SANDWICHES (DECLINE BREAD, SUB GLUTEN FREE BREAD)

FRUIT: ALL

GREEN CHILI BOWL, BEEF OR CHICKEN

GRILLED CHEESE/GRILLED HAM+CHEESE ON GLUTEN FREE BREAD

HOT DOG (DECLINE BUN OR ON GLUTEN FREE BREAD)

HUMMUS & VEGGIE BOX (DECLINE PRETZELS, SUB GLUTEN FREE BREAD)

MEATBALL SANDWICH (DECLINE BUN OR ON GLUTEN FREE BREAD)

PASTA BAR: CHICKEN OR GROUND BEEF WITH ROASTED VEGGIES (DECLINE PASTA)

PHILLY CHEESESTEAK BEEF OR CHICKEN (DECLINE BUN OR ON GLUTEN FREE BREAD)

PROTEIN BOX (DECLINE PRETZELS AND COCOA CHERRY BAR SUB GLUTEN FREE BREAD OR CEREAL)

SALADS (DECLINE COCOA CHERRY BAR/CRACKERS)

- TACO SALAD- DECLINE TORTILLA (SUB CORN TORTILLA)
- CHICKEN CAESAR & BUFFALO CHICKEN- DECLINE CHICKEN
- ANTIPASTO SALAD- DECLINE PASTA

VEGETABLES ALL: INCLUDING MASHED POTATOES (WITHOUT GRAVY) & REFRIED BEANS

FRUIT AND YOGURT BOX (DECLINE PRETZELS/CRACKERS AND COCOA CHERRY BAR SUB GLUTEN FREE BREAD OR GLUTEN FREE CEREAL)

YOGURT PARFAIT + CHEESE (DECLINE/OMIT GRANOLA, SUB GLUTEN FREE CEREAL)

FLAMING HOT CHEETOS

BAKED LAYS

BAKED RUFFLES- SOUR CREAM & CHEDDAR